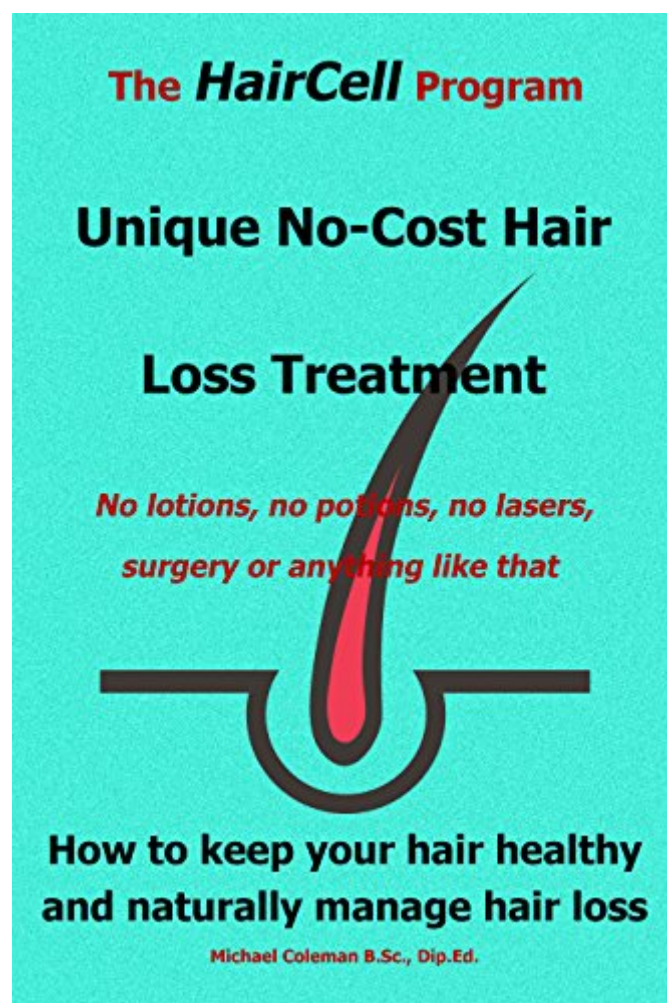


The book was found

The HairCell Program - Unique No-cost Hair Loss Treatment: How To Keep Your Hair Healthy And Naturally Manage Hair Loss



Synopsis

How to Manage Hair Loss The fact is that no program can grow you a head of thick new hair. Now you're probably thinking if that's the case, then why bother buying this book? Well, there's a good reason and I'll get back to that very shortly but first let me ask you a couple of personal questions. Are you growing worried that your hair loss or premature balding will only get worse? Have you searched the Internet and tried just about every combination of remedies and solutions without success? Do you recognise any of these signs?# When you comb or brush your hair the bristles are packed with hairs# More hair than usual on your clothes# Waking in the morning to find more than a few hairs on your pillow# Drain gets clogged with hair when you shower# Hairline receding at the temples# When you part your hair in the centre to reveal your scalp you notice the gap getting wider each time you check these and other signs may indicate you are experiencing excessive hair loss which could lead to baldness. But don't despair The good news is there is a lot you can do to keep your hair healthy and manage the onset and extent of excess hair loss - without the cost of lotions, potions, lasers, surgery or anything like that! And that's what the unique HairCell Program in the book is designed to do. It provides you with a step-by-step strategy to help you keep the hair you have. Of course, like most other people you will still lose on average about 100 to 150 hairs each day but the HairCell program may aid you in replacing most of those so you don't suffer excessive hair loss. What I'm not claiming I'm not saying you can magically create new hair follicles because once they have died they cannot be revived and the number with which you are born is all you'll ever have (although stem cell research on mice may be promising). What I am saying There are simple actions you can take that may help you keep the hair you've got and could even reactivate dormant follicles and encourage them to growth new hairs. What makes the HairCell program different? The unique program is designed to restore and maintain the integrity of your hair-loss/replacement cycle. The know-how it uses is stored in the DNA in each of your cells and all you need do is provide the right conditions for the follicle stem cells to function optimally and the job of hair growth/renewal should continue naturally. Accordingly, the focus of the program is on how to get the cells comprising your hair follicles healthy and performing optimally so that you can restore the integrity of the hair-shed/hair-replacement cycle. What to expect While individual results differ and there are no guarantees here it's a general idea of what you can reasonably expect after 2 to 3 months:# Less evidence of excessive hair loss# Hair and scalp looking and feeling more healthy # Possible evidence that some dormant follicles have been reactivated# Noticeable improvement in

your overall health and well-being. Book Contents: Chapter 1. Boost the Electric Charge in the Follicle Cells - without an electric charge cells will die. Chapter 2. Improve Circulation of Blood to the Papilla.- without adequate blood supply hair follicles will die Chapter 3. Ensure Your Blood is Oxygen Rich- without oxygen cells cannot repair and/or replace hair follicles 3.1 Diet 3.2 Daily exercise 3.3 Proper breathing 3.4 Adequate hydration 3.5 Posture 3.6 Expose yourself 3.7 Plants Chapter 4. Nutrient-rich Blood- without nutrients cells cannot repair and/or replace hair follicles 4.1 General pointers 4.2 Diet specifics 4.3 Gut health- without good gut health nutrients will be poorly assimilated Chapter 5. Balance your hormones- discover a unique approach Chapter 6. Towards Skin Plumping Chapter 7. Commonsense Actions Related to Care of Your Hair. BUY this book TODAY give your hair a chance

Book Information

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Customer Reviews

Im not really concern about my hair right now but as for me, I like reading this kind of book. The motivational, the biography and all those kind of books, I just like to have knowledge in general.

Maybe it was just me, but I never picked up the health and living book that only represents the title

and this book was one of those. Its not only about losing hair and hair cell program, the authors way of preventing the loss is actually a healthy life living which is so amazing. It includes the exercises which we need to do on a regular basis and a balanced diet. It was more than just preventing it, the author described the way of living actually. I like how the author go into details about what caused the hair loss and the differences between everyone. The introduction or the beginning of the book give you a lot of information including about the hair follicles. I also liked how the author wrote everything in a very straight forward way. Its easier to understand it.

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